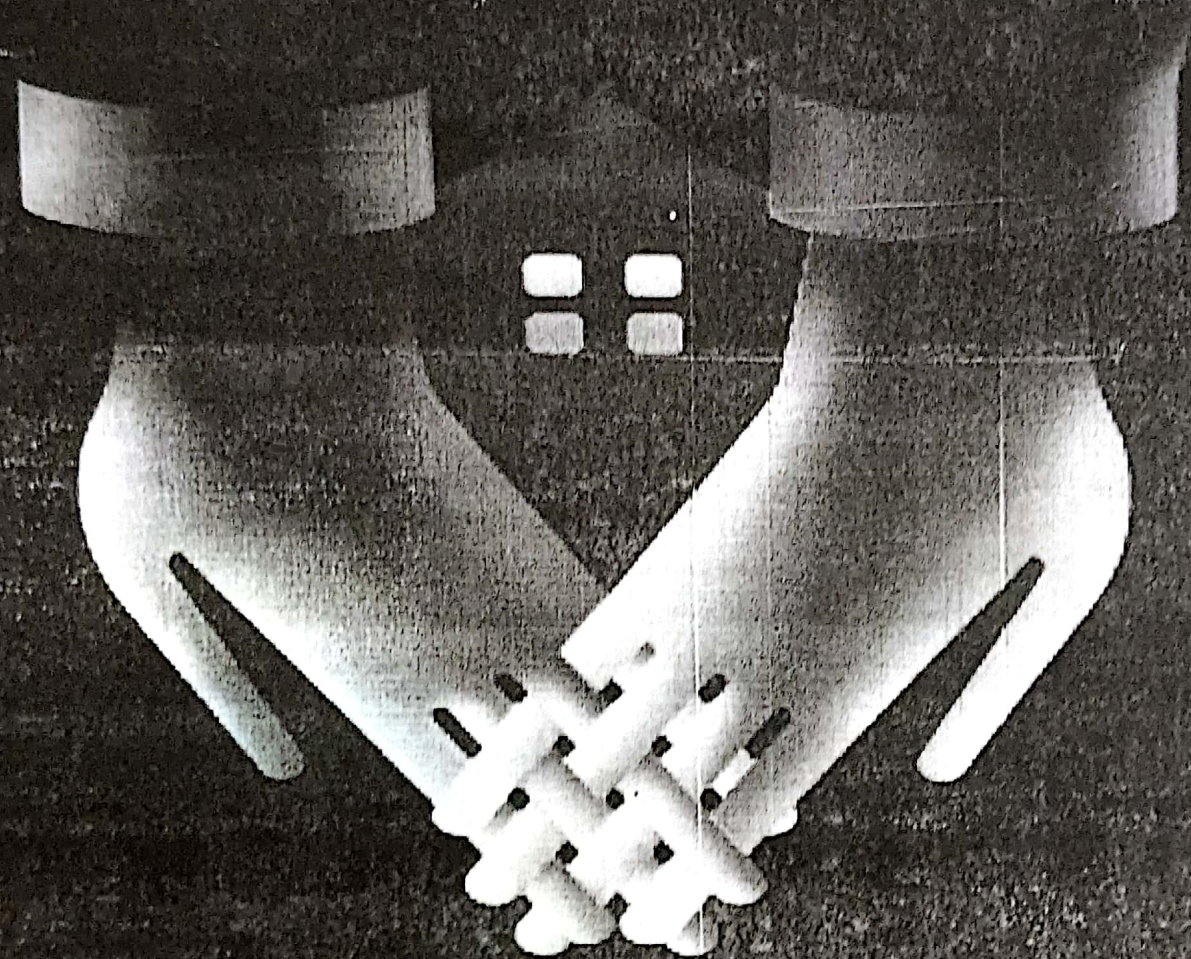


# Social Work Bulletin

(A Peer-Reviewed & Refereed Journal of Social Work)



Department of Social Work, University of Kashmir  
Srinagar, J&K India - 190006





| S. No | Title  | Authors  | Page No.   |
|-------|--|--|------------|
| 1.    | Gender in Social Work: Reflections on Dialogical Teaching.   | <i>Andleeb</i>                                       | 1 to 14    |
| 2.    | Covid-19 Situation in India: Some Reflections of First and Second Wave.  | <i>Nasrullah Bhat, Aadil Bashir</i>                  | 15 to 27   |
| 3.    | Humanitarian Aid Interventions towards Children: A Brief Critique.   | <i>Javaid Rashid, Shugufia Rashid</i>                | 28 to 46   |
| 4.    | Contraceptive Use Among the Marginalized Women in India: An Overview.  | <i>Md. Tarique Enam, Md. Shahid Raza</i>             | 47 to 65   |
| 5.    | Prevalence of Chronic Diseases among Elderly: A Case of Kashmir Region.  | <i>Saima Farhad, Insha Ashraf, Zainab Javid</i>      | 66 to 83   |
| 6.    | Impact of Covid 19 on routine Universal immunization in Kashmir: A Case study of District Anantnag.                                    | <i>Sumaya Rashid, Sarafraz Ahamd, Shazia Manzoor</i> | 84 to 96   |
| 7.    | Resettlement & Rehabilitation initiatives in the context of Development Induced Displacement (DID): Identifying Pathways & Hindrances. | <i>Wakar Amin, Amin Gul, Gh Hassan</i>               | 97 to 109  |
| 8.    | Male Gulf Migration: Effects on left behind women in Bihar.  | <i>Shaneha Tarannum, Md. Shahid Raza</i>             | 110 to 129 |
| 9.    | Mohalla Clinics as an Affirmative Action: An Empirical Study in Delhi.   | <i>Suraqua Fahad</i>                                 | 130 to 153 |
| 10.   | Good Practices in Social Welfare Administration: A Case Study of Social Security Schemes.  | <i>Bilal A. Bhat, Shafia Maqbool</i>                 | 154 to 175 |
| 11.   | <u>Book Review</u><br>Title of Book: How to: Use Innovation & Creativity in the Workplace Author: Patrick Collister.                   | <i>Sabzar Ahmad Peerzadah</i>                        | 176 to 182 |



# Male Gulf Migration: Effects on left-behind women in Bihar

Shaneha Tarannum<sup>1</sup>

Md. Shahid Raza<sup>2</sup>

## Abstract

Pull and push factors are attracting people from India to Gulf countries. Male out-migration greatly increases women's work and burdens them, which compounds their difficulties of basic survival. So, the main objective of this paper is to examine how male gulf migration affects the lives of left-behind wives in Gopalganj district of Bihar. Primary data has been collected with an in-depth interview method. Books, journals, published documents, ILO, IOM (International organization of Migration), and Ministry of External Affairs has been used as secondary sources. The result of the study reveals that those women who are left behind after male migration face a lot of challenges and opportunities. Both challenges and opportunities make them more capable and self-dependent but psycho-social aspects of left-behind women need to be addressed through various social work interventions. To reduce or minimize the psycho-social aspect of the problem intervention in terms of livelihood promotion, counseling as well community support activities required more attention.

## Key Words:

Gulf Migration workers, Gulf cooperation council (GCC), Left behind Women, Psycho-social, Migration.

## Introduction

In the present context, migration is the movement of people due to social and economic reasons. Scholars from different disciplines have

---

<sup>1</sup> Research Scholar, Ph.D., Department of Social Work Address: Department of social work, Maulana Azad National Urdu University Hyderabad-500032

<sup>2</sup> Professor, HOD (Department of Social Work) Maulana Azad National Urdu University Hyderabad-500032, Email:mdshahidraza@gmail.com (Corresponding Author)